

Speedy Recovery - microblading, machine, eyes, eyebrows, or lips. These tips refer to healing the skin in general so you can follow them for any type of PMU wound care. PMU creates a wound in the skin, so you need to treat it like a wound and keep it clean and prevent excessive stress on the healing area

Aftercare Instructions

During Aftercare, avoid sun exposure, retinoids / retinol products, and avoid sleeping with brows in contact with your pillow. Following aftercare instructions is crucial for a beautiful brow enhancement. The following explains the steps you will take during the aftercare process.

Just think of A - W - M which stands for Absorb, Wash, and Moisturize!

Absorb (Day of Appointment) - After the procedure, gently blot the area with clean tissue to absorb excess lymph fluid. Do this every 5 minutes until the oozing has stopped. Removing this fluid prevents the hardening of the lymphatic fluids.

Wash (Days 1-7) - Wash daily to remove bacteria, build-up of product and oils, and dead skin. (Don't worry, THIS DOES NOT REMOVE THE PIGMENT!)

Very gently wash the area each morning and night with water and gentle soap or an unscented cleanser like Dial Soap, Cetaphil, or baby shampoo. With a very light touch, use your clean fingertips to gently cleanse the area. Rub the area in a smooth motion for 10 seconds and rinse with water ensuring that all soap is rinsed away. To dry, gently PAT with a clean tissue. DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA), or exfoliants.

Moisturize and hydrate (Days 1-7) - Apply a tiny, rice grain amount of Aftercare 3 times a day with a cotton swab and spread it across the treated area.

Be sure not to over-apply, as this will suffocate your skin and delay healing. The product should be barely noticeable on the skin.

NEVER put the product on a wet or damp tattoo.

Important Instructions for Showering

Limit your showers to 10 minutes and reduce the heat of the water so too much steam isn't created. Keep your face/procedure area out of the water while you wash your body, then, at the end of your shower, wash your hair. Your face should ONLY be getting wet at the end of the shower. Avoid excessive rinsing and hot water on the treated area.

This method of daily washing to reduce the buildup of bacteria and dead skin coupled with the application of an aftercare product allows the skin to heal fastest. Applying Aftercare will help to produce the proper cells to regenerate the surrounding tissues. It can also help the production of collagen, a protein that is essential for the proper healing and regeneration of damaged tissue. The method consists of daily cleansing of the injured skin to prevent bacterial buildup, as well as the application of a healing ointment.